

INSTRUCTIONS FOR PREPARATION OF NAVMED 6470/10

Item	Instructions																		
1	Enter the last name, first name and middle initial. Separate each component of the name with a space. If the full name exceeds 40 spaces, truncate after the 40 th space.																		
2	Enter individual's social security number with no spaces or hyphens, e.g., 123456789. If the individual does not have a social security number, i.e., a foreign national, enter a pseudo SSN as: 800 for the first 3 digits, the year, month, and day of birth. (i.e., 800YYMMDD)																		
3	Enter, in not more than 10 spaces, the rank/rate/grade the individual possesses when initiating this form. This item need not be updated until a new NAVMED 6470/10 is initiated. Use standard military/civil service abbreviations, e.g., CAPT, COL, MAJ, HMCS, MM2, SSGT, LCPL, GS9, WG5, etc. Abbreviate civilian titles as necessary, e.g., Radiological Physicist to Rad Phys; Electrical Welder to Elec Wldr, etc.																		
4	Enter individual's year and month of birth (format: YYYYMM. e.g., 196212)																		
5	Enter the name of the activity or unit. The activity's / unit's abbreviated name or ship hull number(s) may be used. The activity should represent either the activity or unit where the individual is permanently assigned or, if TAD, where the exposure occurred.																		
6	Enter the occupation code that applies to the majority of the exposure (see Section 5-16 of P-5055) <table style="width: 100%; border: none;"> <tr> <td style="width: 33%;">10: Nuc Propulsion (Radiation Worker)</td> <td style="width: 33%;">30: Medical (Diagnostic)</td> <td style="width: 33%;">42: Accelerator Radiography > 10 MeV</td> </tr> <tr> <td>11: Nuc Propulsion (Lim-Rad Worker)</td> <td>31: Dental</td> <td>43: RADIAC Calibration</td> </tr> <tr> <td>12: Nuc Propulsion (Visitor, non-NNPP)</td> <td>32: Medical (Nuc Med)</td> <td>44: General Industrial sources</td> </tr> <tr> <td>20: Weapons (Radiation Worker)</td> <td>33: Medical (Rad Therapy)</td> <td>50: Research</td> </tr> <tr> <td>21: Weapons (Non-radiation Worker)</td> <td>40: Gamma Radiographer</td> <td>51: Research (Radioisotope)</td> </tr> <tr> <td>22: Weapons (Visitor)</td> <td>41: X-ray Radiography and Accel Radiography <10 MeV</td> <td>90: Other</td> </tr> </table>	10: Nuc Propulsion (Radiation Worker)	30: Medical (Diagnostic)	42: Accelerator Radiography > 10 MeV	11: Nuc Propulsion (Lim-Rad Worker)	31: Dental	43: RADIAC Calibration	12: Nuc Propulsion (Visitor, non-NNPP)	32: Medical (Nuc Med)	44: General Industrial sources	20: Weapons (Radiation Worker)	33: Medical (Rad Therapy)	50: Research	21: Weapons (Non-radiation Worker)	40: Gamma Radiographer	51: Research (Radioisotope)	22: Weapons (Visitor)	41: X-ray Radiography and Accel Radiography <10 MeV	90: Other
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7	Enter date that the monitoring period was considered to have started using no spaces (format: DDMMMYYYY, e.g., 01JAN2000)																		
8	Enter date that the monitoring period was considered to have ended using no spaces (format: DDMMMYYYY, e.g., 01JAN2000)																		
<p><i>For items 9 – 14, enter radiation doses received in rem to three decimal places, i.e., 03.450. Enter doses evaluated as zero as 00.000. Do not use 'X' or the term minimal. If not monitored, leave blank. Do not enter 00.000 for radiation types not specifically monitored.</i></p>																			
9	Enter <i>shallow dose equivalent to the whole body</i> (SDE), which is the external exposure to the skin at a tissue depth of 0.007 centimeters or 7 milligrams per centimeters squared. THIS IS NOT THE RESULT FROM EXTREMITY MONITORING. If shallow dose equivalent was not monitored, leave blank.																		
10	Enter <i>deep dose equivalent</i> (DDE) photon, which is external exposure from photon radiations (x and gamma rays) to the whole body at a tissue depth of 1 centimeter or 1000 milligrams per centimeter squared.																		
11	Enter <i>deep dose equivalent</i> (DDE) neutron, which is external exposure from neutron radiation to the whole body at a tissue depth of 1 centimeter or 1000 milligrams per centimeter squared																		
12	Enter the <i>committed effective dose equivalent</i> (CEDE), which is exposure from internally deposited radionuclide(s).																		
13	Enter the <i>total effective dose equivalent</i> , which is the sum of the deep dose equivalents for external exposure (items 10 & 11) and the committed effective dose equivalent for internal exposure (item 12). The total effective dose equivalent does not include the shallow dose equivalent for external exposure (item 9).																		
14	Enter the <i>lifetime total effective dose equivalent</i> (LTEDE), which is the summation of the individual's total effective dose equivalents. That is, add item 13 to the previous item 14. If item 14 is being updated from a DD 1141, then item 13 is added to the previous item 14 (Total Lifetime Exposure)																		
15	Initials of person making line entry. The associated name and title of each individual initialing item 15 will be recorded in the remarks section (item 16), e.g., JD - John Daniels, HMC, USN, RB - Robert Bums, 1LT, USA.																		
16	Enter other pertinent information, e.g., estimated exposure, skin contamination, the name and title of individual(s) initialing item 15, annotation(s) to correct administrative errors on the NAVMED 6470/10, etc.																		
<p>Note: This record is required for all individuals who have been or are being monitored for exposure to ionizing radiation. It shall be filed in the individual's health record, where it shall be retained permanently.</p>																			