

GUIDELINES FOR COMPETENCY ASSESSMENT AS A MONITOR FOR MODERATE SEDATION / ANALGESIA

Name of Orientee		Name of Preceptor	
Orientee Signature	Assessment Date	Preceptor Signature	Assessment Date

COMPENTENCY STATEMENT
 Demonstrates competency in administration of conscious sedation (moderate sedation) and monitoring of patient receiving sedation.
 Demonstrates competency by the following methods:
 (1) Successful completion of a Conscious Sedation Programmed Self-Instruction with safe performance of 5 moderate sedation cases under supervision.
 (2) Documented prior experience (safe completion of an average of 2 cases/month for the previous 12 months).
 (3) Successful completion of area/department/clinic specific orientation program including but not limited to the following patient population, type and nature of procedures, and use of monitors.
 (4) Completed BLS training.
 (5) Has completed ACLS training.
 (6) Certified in PALS or NRP as appropriate if caring for pediatric patients (12 years of age or less).
 (7) Must be recertified annually, based upon one of the following:
 (a) Safe completion of an average of 2 cases/month for the previous 12 months.
 (b) Successful completion of a practical exam on moderate sedation/analgesia.

Self-Assessment

Can do with Confidence
 Can do with Review
 No Experience

Learning Resources: Policy and Procedure Manual, Preceptor, Conscious Sedation Lecture Series

Assessment Key: I = INDEPENDENT W/A = WITH ASSISTANCE D = DEPENDENT

Critical Indicator	Assessment Scale	Comments
1. Obtain physician order for sedation		
2. Assures that the patient IV, with appropriate fluid, is in place.		
3. Assures that assistant is in attendance at all times with sedated patient.		
4. Performs or validates pre- procedure assessment, baseline vital sign per departmental policy.		
5. Ensures that the necessary equipment is available, functioning, and appropriate to patient's age, size, and medical condition (EKG monitor, blood pressure monitoring, pulse oximeter, oxygen, suction, emergency equipment: airway, drugs, defibrillator).		
6. Places pulse oximetry, EKG when indicated, and non-invasive blood pressure monitor appropriate for patient age, size and medical condition on patient prior to sedation.		
7. Assures safety measures are in place (side rails, safety straps.)		
8. Assesses per departmental policy and documents patient response to medication administration.		
9. Continuously monitors pain, blood pressure, heart rate, EKG rhythm when indicated, Respiratory Rate (RR) and SaO ₂ , Level of consciousness, skin temperature, color and respiratory status, documenting observations every 5 minutes and communicating changes in patient status to physician.		
10. Demonstrates use of cardiac monitor, and pulse oximeter monitor; documents and communicates accurate rhythm interpretation.		
11. Notifies recovery area of procedure completion and safely transfers the pt, giving report the recovery area staff who will care for the post procedure patients.		